

Introduction to Occupational Safety & Health



INTRODUCTION

This training program is designed to provide the essential general knowledge and understanding of OSHA Academy Occupational Safety and Health for employees in manufacturing, commerce, public or service industries.

Focus on the practice of good health and safety standards and exercising these are given emphasis in order to reduce risks and prevent accidents and ill health arising from work activities. This course will also discuss the responsibilities and accountabilities of the employers for the health and safety conditions of the workers as required by the law. This will provide appropriate training for developing skills attitudes and knowledge on health and safety as essential element for a safe system.

Course Objectives:

Upon successful completion of the training the participants will be able to fulfill the following objectives:

- Work in a safe and healthy manner and contribute to improving health and safety within the organization's policy.
- Identify key hazards in their own workplace.
- Understand the importance of health and safety rules and working procedures.
- Report potential health and safety problems.
- Control and improvement strategies to supervisors
- Use techniques on how to handle different disruptions
- Demonstrate first aid procedures, fire prevention and any other unnecessary incidents.

Course Contents:

- Introduction to OSHA
- Hazard Awareness
- Hazard Control
- Personal Protective Equipment